



PRESS RELEASE

It's Already Too Darn Hot!

Everyone needs to take care of themselves in the heat, but it's a challenge for many vulnerable seniors who don't have air conditioning. **That's why we are inviting you to help by joining the Fan Club.**

Donate a new fan and we'll deliver it to our seniors in need. Donations can be sent directly to Meals on Wheels Diablo Region through Target, Amazon, or any other online retailer, or can be dropped off in person at 1300 Civic Dr., Walnut Creek between the hours of 9am-4pm, Monday through Friday.

Thanks for helping seniors beat the heat this summer. Here is a short video to help everyone stay safe in the heat.

<https://www.dropbox.com/s/lwaio6pp5v4x58k/What%20is%20a%20heat-related%20illness%202021.mp4?dl=0>

P.S. Seniors also need air purifiers, too. They must be new and can be delivered or dropped off at MOW Diablo Region, 1300 Civic Drive, Walnut Creek between the hours of 9am-4pm, Monday through Friday.

