



PRESS RELEASE

Contact: Zoë Broussard
zbroussard@mowdr.org
(925) 482-2624

Make-A-Will Month: Thousands Take Charge of Estate Planning with FreeWill's Online Tool

(August 9, 2023 – Contra Costa County) August is National Make-A-Will Month, and thousands of people of all ages are embracing the importance of estate planning with the help of a free online platform called [FreeWill](#).

By providing users with a streamlined, intuitive experience, FreeWill empowers individuals to make informed decisions about their assets, possessions, and charitable contributions, in as little as 20 minutes.

Last year, over 70,000 people across the country utilized FreeWill's user-friendly estate planning tool to create personalized plans and extend their support to cherished causes.

"It is so important to ensure that your assets, your beloved possessions, and even your pets are taken care of after your passing," says Caitlin Sly, Executive Director of MOW Diablo Region. "By offering our FreeWill's free online platform we are helping individuals creating a lasting legacy by ensuring their assets are distributed according to their wishes."

With National Make-A-Will Month upon us once again, there is no better time to take charge of your future and secure your loved ones' well-being. Join the thousands who have already made a positive impact on their lives and the lives of others.

Take this opportunity during National Make-A-Will Month to check off this crucial item from your to-do list. With FreeWill, the process is quick, efficient, and hassle-free, ensuring peace of mind for you and your loved ones.

[Click here to get started](#) and experience the convenience of FreeWill's online estate planning tool. Make this August count by securing your future and supporting the causes you love!

About Meals on Wheels Diablo Region: *Helping over 7,500 seniors each year, our mission is to enhance the lives of older adults in Contra Costa County by providing coordinated care that enables them to live independently and with dignity. Our dedicated staff of experts connects seniors with essential services in Contra Costa County. We work to keep our elderly neighbors nourished, healthy, safe, and independent because we provide more than a meal. [Learn more about our work here.](#) As our list of seniors in need grows, so does our need for more volunteers. Help us support more seniors in the county! If you would like to get involved, [click here to learn how on our website.](#) We have several open positions for employment, [click here to join the team.](#) Stay in the loop with our updates and announcements, [click here to view our link tree!](#)*

Meals on Wheels Diablo Region is an independent non-profit and the only meals on wheels in the county to deliver both meals and life-improving services that include, Fall Prevention, Care Management, Health & Wellness, Friendly Visitors, and Friendly Callers.